## Term 3 Canteen Roster

<table>
<thead>
<tr>
<th>DATE</th>
<th>WORK</th>
<th>COOK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wk 5, Mon 11th Aug</td>
<td>Linda Ashby &amp; Lisa Perkins</td>
<td>Kerri-Lee Lake, Eloise James &amp; Linda Ashby</td>
</tr>
<tr>
<td>Wk 6, Mon 18th Aug</td>
<td>Lea Dayher &amp; Lisa Perkins</td>
<td>Bec Burke, Kara Cravigan &amp; Lisa Perkins</td>
</tr>
<tr>
<td>Wk 7, Mon 25th Aug</td>
<td>Shanna Driussi &amp; Lisa Perkins</td>
<td>Kath Degier, Gemma Hall &amp; Katie Howes</td>
</tr>
<tr>
<td>Wk 8, Mon 1st Sept</td>
<td>Eloise James &amp; Lisa Perkins</td>
<td>Eloise James, Bec Burke &amp; Lea Dayher</td>
</tr>
<tr>
<td>Wk 9, Mon 8th Sept</td>
<td>Stacey Walder &amp; Lisa Perkins</td>
<td>Jen James, Stacey Walder &amp; Kerri-Lee Lake</td>
</tr>
<tr>
<td>Wk 10, Mon 15th Sept</td>
<td>Linda Ashby &amp; Lisa Perkins</td>
<td>Linda Ashby, Tracey McKay &amp; Jo Shipway</td>
</tr>
</tbody>
</table>

## Term 4 Canteen Roster

<table>
<thead>
<tr>
<th>DATE</th>
<th>WORK</th>
<th>COOK</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wk 2, Mon 13th Oct</td>
<td>Stacey Walder &amp; Lisa Perkins</td>
<td>Jen James, Stacey Walder &amp; Tracey McKay</td>
</tr>
<tr>
<td>Wk 3, Mon 20th Oct</td>
<td>Eloise James &amp; Lisa Perkins</td>
<td>Eloise James, Kara Cravigan &amp; Kath Degier</td>
</tr>
<tr>
<td>Wk 4, Mon 27th Oct</td>
<td>Shanna Driussi &amp; Lisa Perkins</td>
<td>Bec Burke, Kerri-Lee Lake &amp; Gemma Hall</td>
</tr>
<tr>
<td>Wk 5, Mon 3rd Nov</td>
<td>Stacey Walder &amp; Lisa Perkins</td>
<td>Jo Shipway, Lea Dayher &amp; Lisa Perkins</td>
</tr>
<tr>
<td>Wk 6, Mon 10th Nov</td>
<td>Linda Ashby &amp; Lisa Perkins</td>
<td>Linda Ashby, Katie Howes &amp; Bec Burke</td>
</tr>
<tr>
<td>Wk 7, Mon 17th Nov</td>
<td>Stacey Walder &amp; Lisa Perkins</td>
<td>Stacey Walder, Tracey McKay &amp; Lisa Perkins</td>
</tr>
<tr>
<td>Wk 8, Mon 24th Nov</td>
<td>Eloise James &amp; Lisa Perkins</td>
<td>Eloise James, Kara Cravigan &amp; Jen James</td>
</tr>
<tr>
<td>Wk 9, Mon 1st Dec</td>
<td>Shanna Driussi &amp; Lisa Perkins</td>
<td>Kerri-Lee Lake, Bec Burke &amp; Kath Degier</td>
</tr>
<tr>
<td>Wk 10, Mon 8th Dec</td>
<td>Linda Ashby &amp; Lisa Perkins</td>
<td>Gemma Hall, Katie Howes &amp; Linda Ashby</td>
</tr>
</tbody>
</table>

### Canteen News

Above are the rosters for Terms 3 and 4. Thank you to all our volunteers. The canteen could not run without your support. Please keep the roster for future reference. Remember that if you are unable to do your roster you must arrange to swap with another parent. Thank you.

As you can see from the roster we only had six volunteers (out of the 60 Bexhill School families) offering to work.

If you can spare 4hrs (or less) a term, to lend a hand please call Lisa on 66284558 so you can be added to the roster. Volunteering for canteen is a great way to be involved and it benefits all our children.

Thank you for your support.

### Term 3, Week 4

**BOOK FAIR / OPEN DAY**

Family and friends are invited to our Book Fair and Open Day next Wednesday 13th August. Children are all encouraged to dress up as a favourite book character; with the main focus of this parade being to highlight a favourite character and have some fun along the way. Children are asked to bring along their book if possible. And will be able to ‘borrow’ from the library if need be.

Teachers are already planning their outfits. There will be a guessing competition as to who/what character and books we represent! Full details and program on page 2. We look forward to seeing family and friends.

**OPEN DAY—BARBEQUE LUNCH**
The P&C invite you to join us for a Barbeque lunch from 11:30am; details overleaf.

**JUMP ROPE FOR HEART**

Bexhill students are already learning new skipping skills and techniques which is part of our PD/Health /PE curriculum for term 3. Children can also be seen practising for this fun event during lunch and recess breaks.

A sponsorship form/permission has been given to each student today. Please check with your class teacher if you have any queries about the sponsorship forms.

**SCIENCE DISCOVERY DAY – 22nd August**

Students K-6 are invited to participate in a fun Science Discovery Day that is bringing a ‘Forces, Gravity and Motion’ workshop to Bexhill School. Children will be divided into three stage groups.

Students in each group will enjoy hands on activities while learning about gravity within the solar system, why things stop and move and the consequences of balanced and unbalanced forces on the motion of objects. Model helicopters, rockets and spring loaded cars will add an element of excitement to the students’ learning.

Please complete and return the permission note on page 7, with payment by Friday 15th August.

**ELTHAM RAFFLE**

Thank you to Eloise James and Fiona Knight for selling raffle tickets last Sunday 3rd August.

This Sunday 10th August— Emma Fountain & friends (thank you)

Sunday 17th Aug— Andrew Wilson & T.B.A.

Sunday 24th August— Wendy & Brendan McIntyre

Sunday 31st August— Rodney & Tracey Schofield
HEADLICE HAVE BEEN DETECTED....AGAIN!

Please check your children thoroughly and treat accordingly.

It is very important that all families co-operate to keep the headlice from breeding. Removal of the eggs from the hair shaft is time consuming but the only way to get rid of them, otherwise it can be very distressing for all involved... and expensive.

SCIENCE DISCOVERY DAY – Friday 22nd AUGUST 2014

Students K-6 are invited to participate in a fun Science Discovery Day that is bringing a ‘Forces, Gravity and Motion’ workshop to Bexhill School. Children will be divided into three stage groups.

Students in each group will enjoy hands on activities while learning about gravity within the solar system, why things stop and move and the consequences of balanced and unbalanced forces on the motion of objects. Model helicopters, rockets and spring loaded cars will add an element of excitement to the students’ learning.

COST - $2.00 per child. Please complete the permission slip and return it to school with payment by Friday 15th August.

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SCIENCE DISCOVERY DAY – Friday 22nd AUGUST 2014

I give permission for my child/ren _____________________________ to participate in the Science Discovery Day at Bexhill School on Friday 22nd August at a cost of $2 per child.

Total Enclosed: $__________

Signed: ___________________________ Date: __________
NEWS FROM YEAR 3 / 4 H

In class 3 / 4 we have been working on discovering all the things that make our place in the world unique. We are creating a collaborative artwork called “Our Place”. In this artwork we are finding ways to represent the things that have significance in determining our identity, as a planet, as a part of the southern hemisphere, as a nation, as a state, as a shire, as a town, as a school, as a class and as an individual. During this unit of study will be learning mapping skills and developing awareness of the geographical features of Australia.

Above: Mimi representing good spirits of Lismore, looking after the land. By Ruby
Top left: Aboriginal Art representing the Bungulung Nation. By Will J
Left: Rainbow Region sign. By Jaimie

Eureka Athletics Carnival 2014
The Athletics Carnival was at Eureka School. We were the best at marching. Bexhill students did relay races, running races and ball games. I sat and watched and I did an egg and spoon race. Mum and Poppy and I had lunch. Bexhill mums did the sausage sizzle.
By Dylan Schofield 5/6

Above: Flood sign. By Harrison
Below: Representing the many interesting roundabouts on our Lismore roads. By Grace
Below left: Our collaborative artwork so far.

SPORT NEWS

Congratulations to the following students who will be representing Bexhill PS in the First North team competing at the Northern Rivers PSSA Athletics on Friday 15th August.

8 Years: Jorja W
9 Yrs: Ruby, Brooklyn Bird, Joshua D
10Yrs: Krystal, Charlie G, Kye
11yrs: Lucy, Georgia, Jessi, Kurt, Lennox, Sebastian P

These students have all been given permission notes and program. Could the permission notes please be returned to school by this Friday as nominations need to be collated and sent on to the zone organisers.

Please note that students need to arrange their own transport to and from the carnival. If you are unable to participate please let Mrs Craigie know as the reserves will then be invited to attend. Mrs Craigie will be the team manager on the day. There will be a note with more details early next week.
Dear Parents/Guardians,

Our school is participating in the Heart Foundation Jump Rope for Heart program and we would love your support. Heart Foundation Jump Rope for Heart is an exciting and non-competitive program which encourages children to become more active through skipping, learning new skills and raising vital funds for heart research and community health programs.

Skipping is an excellent way for children to keep fit and healthy. Over the next few weeks, your child or children will be learning a range of fun skipping skills and new tricks. We will emphasise the importance of regular physical activity and the importance of healthy eating for a healthy lifestyle.

Jump Rope for Heart is also a great way to encourage children to be involved in our community and support Australia’s leading heart health charity, the Heart Foundation. The Jump Rope for Heart team provide our school with fantastic resources and support so that we can implement the program. In return, we ask that students help by seeking sponsorship for their involvement.

Sponsorship is easy – simply go online to www.heartfoundation.org.au/jumprope, click on the green ‘Kids Join Now’ button, and register your child today!

A secure fundraising page will be created as soon as you register; all you need to do then is click the ‘Email Sponsors’ link to send your family and friends an email asking them for their support... It’s that easy!

This is an easy, safe way for your child to monitor their progress, receive bonus prizes* and even receive sponsorship from family and friends who are further afield.

At the end of the program we will be holding a Jump Off, an event to celebrate and culminate the Heart Foundation Jump Rope for Heart program. This will be held on Friday 19th September. The Jump Off day is a great opportunity for you to

Cardiovascular disease affects two out of three families, killing one Australian every 12 minutes. Heart disease in children is the leading cause of death amongst young children in Australia, accounting for more than 30% of child deaths – more than all the other childhood diseases combined.

Please help us in the fight against heart disease.

Yours sincerely,
Helen Craigie, Jump Rope for Heart School Co-ordinator

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**STUDENT AWARDS**

**CLASS / MERIT AWARDS**

**KINDER** - Ziggy, Kolya, Oskar, Ayla

**Y 1/2** - Tyleah, Laura & Kane

**Y 3/4** - Sophia, Sophie

**Y 4/5** - Cooper, Gabby, Lennox, Hamish, Wilson

**Y 5/6** - Jade, Max, Jayden, Kate

**YOU CAN DO IT!**

Stella, Chase, Sebastian p, Lilia, Lili H, Sienna, Sam, Henry, Dylan F & Kurt

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**Recycle!**

Be water wise!

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Happy Birthday to...

Cooper, Jasmine, Jaimie, Max, Kye & Jorja

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Year 4/SC have been busy practising their skipping techniques in anticipation of the Jump Rope for Heart Jump-Off.